

SAVE THE DATE

In collaboration with



November 15, 2025



Abu Dhabi, United Arab Emirates



Pulmonary Hypertension and CTD-ILD Workshop



Dr. Rajaie Namas

Chairman
Consultant Rheumatologist,
Abu Dhabi, UAE

SCIENTIFIC PARTNERS



MANAGED BY:



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SPEAKERS



Dr. Rajaie Namas

Chairman
Consultant Rheumatologist,
Abu Dhabi, UAE



Dr. Mohammed Omair

Consultant Rheumatologist
Riyadh, KSA



Dr. Hassan Alnuaimat

Pulmonary Medicine Physician,
Cleveland Clinic Abu Dhabi, UAE
Adjunct Professor of Medicine,
University of Florida, USA

SCIENTIFIC AGENDA

09:00 - 09:15	Welcome & Opening Remarks	Dr. Rajaie Namas
09:15 - 10:00	Session 1: CTD-ILD Overview Epidemiology, Burden in CTD, Risk Factors, Natural History, Early Recognition	Dr. Rajaie Namas
10:00 - 10:45	Session 2: Diagnosis & Screening in CTD-ILD HRCT Patterns, Role of PFTs, Biomarkers and Emerging Tools	Dr. Mohammed Omair
10:45 - 11:00	Coffee Break	
11:00 - 11:45	Session 3: Treatment of CTD-ILD Immunosuppressive Options (MMF, CYC, RTX), Antifibrotics (Nintedanib, Pirfenidone), Treatment Algorithms	Dr. Hassan Alnuaimat
11:45 - 12:45	Interactive Case Discussions - Diagnosis and Management Decisions - Complex Scenarios: Polysensitization, Treatment Failures, and Adherence Issues	Dr. Hassan Alnuaimat Dr. Mohammed Omair
12:45 - 13:45	Lunch & Networking	
13:45 - 14:30	Session 5: Management of PAH in CTD Current Therapies (Prostacyclin Analogs, ERA, PDE-5i), Combination Therapy, Monitoring Response	Dr. Hassan Alnuaimat
14:30 - 15:30	Session 6: Case-Based Multidisciplinary Discussion Complex Case Discussions: SSC-ILD Progression, Overlap Syndromes with ILD + PAH, Sequencing Dilemmas	Dr. Mohammed Omair Dr. Rajaie Namas
15:30 - 15:45	Closing Remarks & Key Takeaways Practical Recommendations, Future Directions, Research Collaboration	Dr. Rajaie Namas