

State of the Art Safety Standards in RA THE EUROPEAN SOCIETY OF REGIONAL ANAESTHESIA & PAIN THERAPY

# 6<sup>TH</sup> EUROPEAN DAY OF REGIONAL ANAESTHESIA

January 28, 2023 | Rotana Beach Hotel, Abu Dhabi, UAE

## **WELCOME MESSAGE**

Dear Colleagues,

It gives me a great pleasure to invite you to attend the **6th European Day of Regional Anesthesia** organized by the European Society of Regional Anesthesia and Pain Medicine. This great endeavor is held concomitantly in 18 European cities to spread the knowledge about Regional Anesthesia and Pain Medicine. Dr. Clara Lobo, former general secretary of ESRA and myself are proud to involve Abu Dhabi to this European initiative.

The program will be designed as in Europe with lectures, podcasts, and practical Workshops. Your registration will automatically register you as ESRA member which will allow you to have a free access to all ESRA academic activities.

Looking forward to seeing you on the 28th of January 2023.



**Dr. Amar Salti** Organizing Committee Consultant Anesthesia and Interventional Pain Medicine Abu Dhabi, UAE



#### Dr. Clara Lobo

Consultant Anesthesia Cleveland Clinic Abu Dhabi Abu Dhabi, UAE

8.15

CME

By registering to this event, you will become automatically an ESRA member

**CLICK HERE TO REGISTER** 





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SCIENTIFIC PROGRAM		
8:00	Onsite Registration	
8:50	Welcome Note	Workshop Committee
Session 1: Handling Patient Expectation		
9:00	In Pre-Anesthesia Consult	Dr. Teodor Stefanov
9:15	Acute Pain	Dr. Jaya Batra
9:30	Chronic Pain Intervention	Dr. Eric François
9:45	The Role of Psychology in Chronic Pain Management	Dr. Kelly Huffman
10:00	Question and Answer	
Session 2: Ambulatory Service		
10:15	Why RA Should Be A Star in The Ambulatory Center?	Dr. Amar Salti
10:30	How to Make RA Real in The Ambulatory Centre?	Dr. Elia Del Rosario
10:45	What's the Ideal RA for Ambulatory Center?	Dr. Rafael Blanco
11:00	How to Manage RA Out of The Hospital?	Dr. Moudar Choucker
11:15	Question and Answer	
Session 3: Transitional Pain Service		
11:30	What It Is?	Dr. Himanshu Chauhan
11:45	What It Does?	Dr. Amit Verma
12:00	How to Implement It?	Dr. Clara Lobo
12:15	How Interventions Can Prevent Chronicity?	Dr. Reda Tolba
12:30	Question and Answer	
Session 4: Podcasts		
12:45	Top 5 Rare Chronic Pain Syndromes	
13:30	Lunch	
Session 5: Workshops and ESRA Standards		
14:30	RA for Shoulder Surgery	Dr. Ahmad Taha / Dr. Manish Nathani / Dr. Moudar Choucker
15:15	RA for Hip Surgery	Dr. Mohamed Ibrahim / Dr. Waleed Riad
16:00	RA for Knee Surgery	Dr. Clara Lobo / Dr. Pierre Yve Lequeux
16:45	RA for Ankle Surgery	Dr. Abeer Sharif / Dr. Jaya Batra / Dr. Himanshu Chauhan
17:30	Abdominal Wall Blocks	Dr. Amar Salti / Dr. Saurab Suri
18:15	Thoracic Wall Blocks	Dr. Rafael Blanco / Dr. Jesto Kurian / Dr. Amit Verma
19:00	End of Meeting and Closing Remarks	

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## **ESRA Member Benefits**

ESRA continues to be at the forefront of education and research in regional anaesthesia. Only as an ESRA member can you access a vast range of exclusive benefits. Join ESRA today and reach out a community of over 6'000 members!

- Reduced registration fees to ESRA workshops, courses and international congresses of ESRA, ASRA, LASRA, and WCRAPM
- Free access to the e-ESRA, your interactive online congress
- Subscription and online access to the Regional Anesthesia and Pain Medicine journal (RAPM)
- Free access to the full USabcd curriculum
- Eligibility to apply to the ESRA examinations:
  - European Diploma in Regional Anaesthesia & Acute Pain Management (EDRA)
  - European Diploma in Pain Medicine Management (EDPM)
- Eligibility to benefit from an ESRA grant
- Premium access to the ESRA Academy, offering online scientific content:
  - ✓ Webcasts/Podcasts
  - ✓ E-posters
  - Scientific article reviews
  - ✓ Tutorial Videos
  - ✓ Quizzes and more!
- 10% fees reduction to the MSc in Regional Anaesthesia University of East Anglia (United Kingdom)
- Premium access to the ESRA members' zone
- Right to use ESRA for meetings promotions on our website calendar

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