In collaboration with

دبي الصحية DUBAI HEALTH

edes EMIRATES DIABETES ENDOCRINE SOCIETY جمعية الإمارات للسكري والغدد الصماء

4th Annual H.H. Diabetes Center Conference

In collaboration with the Emirates Diabetes & Endocrine Society

Integrated Diabesity Management:
Transforming Care Across the Cardiometabolic Spectrum

DHA ACCREDITATION
TOTAL 6 CPD CREDITS



November 18, 2026

JA Hatta Fort Hotel,
Hatta - Dubai, UAE

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4th Annual H.H. Diabetes Center Conference

Conference Chairs



Dr. Fatheya Al Awadi
Consultant Endocrinologist & the Head of the Endocrine Department, Dubai Hospital, UAE
Chairperson of Diabetes Combat and Control Committee – DHA



Dr. Manal El Sayed
Head of Medical Unit
Consultant Rheumatologist
Hatta Hospital, Dubai Health, UAE



Dr. Mouza Saif Albadwawi
Chief Executive Officer &
Consultant in Family Medicine
Hatta Hospital, Dubai Health, UAE

Speakers



Dr. Ahmed Ibrahim
Specialist / Senior Registrar,
Internal Medicine (Endocrinology)
Hatta Hospital, Dubai Health, UAE



Dr. Alaaeldin Bashier
MBBS, FRCP, FACE, SCE (Endocrine),
MSc Diabetes (Cardiff). MSc (MPHE),
ECNU, HTN specialist (ASH)
Consultant Endocrinologist, Dubai Hospital, UAE



Dr. Elamin Abdelgadir
Consultant Endocrinologist, Dubai Hospital
Associate Professor of Endocrinology at
Mohamed Bin Rashid University,
Dubai, UAE



Dr. Fatheya Al Awadi
Consultant Endocrinologist & the Head of the Endocrine Department, Dubai Hospital, UAE
Chairperson of Diabetes Combat and Control Committee – DHA



Dr. Haytham Darwish Abdelalim Darwish
MSC, MRCP SCE Endocrine and Diabetes
Senior Specialist of Endocrine,
Diabetes and Internal Medicine.
In charge of Hatta Diabetes Center,
Dubai Health, UAE



Dr. Khadija Hafidh
Clinical Professor of Medicine at
Dubai Academic Health Corporation (MBRU)
Associate Professor at Dubai Medical College, UAE

4th Annual H.H. Diabetes Center Conference

Scientific Agenda

08:00 – 09:00	Registration & Networking	
09:00 – 09:15	Welcome Address & Opening Remarks	Conference Chairs Dr. Mouza Al Bedwawy Dr. Fatheya Al Awadi Dr. Manal El Sayed
09:15 – 09:35	The Diabetes in the UAE: Local Burden & Guidelines Updates	Dr. Fatheya Al Awadi
09:35 – 10:55	New Generation Incretin Therapies in Clinical Practice	Dr. Khadija Hafidh
10:55 – 11:15	Sarcopenia: Is it a true challenge in weight loss?	Dr. Haytham Darwish
11:15 – 11:45	Morning Coffee / Tea Break	
11:45 – 12:05	Managing Hepatic Manifestations of Diabesity: MASLD/MASH in the Endocrine Clinic	Dr. Elamin Abdelgadir
12:05 – 12:25	How early should we intervene to reduce cardiovascular risk?	Dr. Alaaeldin Bashier
12:25 – 12:45	Targeting Residual Atherosclerotic Risk in Diabesity: The Role of Icosapent Ethyl & Advanced Dyslipidaemia Management	Dr. Ahmed Ibrahim
12:45 – 13:15	Afternoon Coffee / Tea Break & Prayer	
13:15 – 13:45	MTP: Case Discussion	Dr. Elamin Abdelgadir Dr. Alaaeldin Bashier
13:45 – 14:00	Q&A	
14:00 – 15:00	Closing Remark and Lunch	

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