



# GA<sup>2</sup>CI-EAACI Preceptorship: Precision Medicine in Asthma, COPD & CRSwN



DECEMBER 13 - 14, 2025



DUSIT THANI ABU DHABI, UAE



## Highlights

- Expert International Faculty and Specialist Panels
- Interactive Case-Based Discussions and Practical Workshops
- Collaborative Networking Opportunities
- Emphasis on Multidisciplinary, Patient-Centered Care

## Objectives

- Enhance understanding of shared and distinct disease mechanisms
- Explore the role of Type 2 inflammation across airway diseases
- Promote the principles of precision medicine in clinical practice
- Strengthen diagnostic and clinical decision-making skills
- Foster a multidisciplinary approach to airway disease management
- Engage in practical, case-based learning and expert dialogue

## Target Audience

- Pulmonologists
- Allergists & Immunologists
- ENT Specialists (Rhinologists, Otolaryngologists)
- General Practitioners & Family Physicians
- Internal Medicine Specialists
- Clinical Researchers & Scientists in Respiratory Medicine
- Pharmacists & Clinical Pharmacologists
- Medical Residents & Fellows in related specialties
- Healthcare Professionals involved in Asthma, COPD, and CRSwNP management
- Policy Makers & Healthcare Administrators interested in precision medicine

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# GA<sup>2</sup>CI-EAACI Preceptorship:

## Precision Medicine in Asthma, COPD & CRSwN

**DAY 1: December 13, 2025**

**Understanding the Foundation and Clinical Practice**

08:30 - 09:00 Registration

09:00 - 09:30 Welcome & Opening Remarks  
Baseline clinical knowledge assessment

### **Session 1: Pathophysiology of Type 2 Inflammation**

09:30 - 10:00 Overview of Type 2 Inflammatory Pathways in Airway and Nasal Diseases

10:00 - 10:45 Case-Based Discussion: Differentiating Asthma, COPD, and CRSwNP – Where They Overlap

10:45 - 11:00 Coffee Break

### **Session 2: Clinical Presentations & Phenotyping**

11:00 - 11:30 Clinical Phenotypes and Endotypes in Asthma, COPD & CRSwNP

11:30 - 12:00 Biomarkers in Type 2 Airway Disease: FeNO, IgE, Eosinophils

12:00 - 12:30 My approach to Severe asthma: diagnosing and phenotyping

12:20 - 13:00 Q&A and roundtable discussion

13:00 - 14:00 Lunch

### **Session 3: Integrated Multidisciplinary Management**

14:00 - 14:30 Multimorbidity Management – When Asthma Meets CRSwNP and COPD

14:30 - 15:30 Case Studies in Group Work: Collaborative Management Between ENT, Pulmonology & Allergy

15:30 - 15:45 Coffee Break

### **Session 4: Current & Emerging Therapies**

15:45 - 16:15 Biologics in Asthma and CRSwNP – Current Indications & Future Targets

16:15 - 16:45 Managing COPD with Type 2 Features – When to Consider Inhaled Corticosteroids or Biologics

16:45 - 17:15 My approach to severe asthma: treatment options

17:15 - 17:30 Closing remarks

# GA<sup>2</sup>CI-EAACI Preceptorship:

## Precision Medicine in Asthma, COPD & CRSwN

**DAY 2: December 14, 2025**

08:30 - 09:00 Registration

### Session 5: Diagnostics and Monitoring

09:00 - 09:30 Imaging and Lung Function Tools in Disease Monitoring

09:30 - 10:00 Nasal Endoscopy and CT in CRSwNP

10:00 - 10:30 Interpreting Lung Function, CT, and Biomarker Data in Complex Patients

10:30 - 10:45 Coffee Break

### 11:00 - 12:00 Interactive Workshops (Parallel)

Participants choose one of the following hands-on sessions:

- Workshop A: Developing a Treatment Plan for a Patient with Severe Asthma and Nasal Polyps
- Workshop B: COPD and Type 2 Inflammation – Identifying Candidates for ICS or Biologic Therapy

12:00 - 12:30 The United Airway Concept: Bridging Asthma, COPD, and Nasal Polyposis: final thoughts

12:30 - 13:00 Post-Preceptorship Knowledge & Skills Check

13:00 - 13:30 Closing Remarks

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**For more information, please contact:**

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